

BJA National Kata Course
Ju-no-kata and Katame-No-Kata
Coached by
MR Y. IURA KODOKAN 7TH DAN

Saturday 27th and Sunday 28th March 2010.
Booking in 9.30 a.m. – Finish 4 p.m. both days
Croydon Judo Club, 38 Morland Avenue, Croydon CR0 6EA

“THIS IS A 2 DAY BJA LICENSED COACH EDUCATION COURSE”

Cost £70.00 with application

Mr Iura has a CV that is too extensive to print in full. He has coached in Asia, Europe, Africa, the Middle East and the far East – too many countries to list here. The Japan Foundation and the Kodokan have posted him as Judo Expert to countries including Vietnam, India and Turkey. He is a highly experienced Kata Coach who has demonstrated various Kata at Kodokan ceremonies, the All Japan Championships and the Kano Cup.

This is an amazing opportunity to be coached in Kata by one of the world's top experts.

Croydon Judo club is one of the newest and most modern dojos in the country. It's an 8 mile drive from junction 7 on the M23 and East Croydon Railway Station is 800 yards away.

Participants will be accepted on a strictly first come first served basis. Having a partner is preferable, but not essential. Prior knowledge of these Kata is beneficial but not essential.

PLEASE WEAR A WHITE JUDO GI – NO BLUE SUITS OR REVERSIBLES!!!!

Please bring

1. Packed lunch (drinks will be provided)
2. White judogi
3. Zori (flipflops) or mules
4. Notebook and pen

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COMPLETE ALL BOXES CLEARLY IN CAPITALS

Full Name	
BJA Membership Number	
Address	
Postcode	
Telephone Number	
Mobile Number	
Email address	
Club and County	

Please enclose a cheque for £70.00 (non returnable) payable to SOUTHERN AREA BJA. Return the slip with your cheque and a stamped addressed envelope (for booking confirmation, maps etc) to:-

Alan Rickard, **Croydon Judo Club, 38 Morland Avenue, Croydon CR0 6EA .**

Any queries please email alan.rickard@yahoo.co.uk or telephone 020 8656 5888 M 07770467034